



# TAU SIGMA PHI

2019 | 2020

# ANNUAL REPORT





# A message from the President



As the year comes to an end, we reflect on the accomplishments and challenges we faced leading up to this point. I'm incredibly proud of our National Board and our Chapter's executives on how they've navigated the year and contributed to the growth and success of our organization.

Like many of you, I consider Tau Sigma Phi my home away from home and many of the amazing members I have had the opportunity to meet over the years have become some of the most important people in my life. As we celebrate our 12th year as an organization we continue to adapt and work tirelessly towards being the best versions of ourselves. In addition to this, we have been fortunate enough to welcome 60 amazing new members across our 5 chapters. These talented, compassionate, and committed members will undoubtedly make us all proud in their accomplishments.


Even with all we have achieved, I realize that no year is without its setbacks. I would like to take a moment to address them and reflect on how we've worked to overcome them as well as how we are working towards positive development.

With the emergence of COVID-19, we were forced to adapt to an unprecedented time in our society. The National Board worked diligently to implement a policy meant to mitigate risk to our members and ensure that we all take the proper precautions to avoid the contraction and spread of the virus within our communities. As we continue to learn more and gradually transition into a "new normal", we want to ensure that our members are informed and protected. We will work towards more permanent guidelines to follow in the event any of our future members are faced with similar circumstances.

Very recently, we've been witness to yet another senseless death that is a result of the institutionalized racism that exists in our society today. As a person of colour, I have struggled to come to terms with what has been happening, however I draw some comfort in knowing that this organization is committed to listening, learning and refusing to stay silent so that those whose voices that have been suppressed will now have an ally in Tau Sigma Phi. I encourage our BIPOC members to continue holding people accountable and ensure that our voices continue to be heard within this organization. It is my hope and expectation that our organization will go on to have those uncomfortable conversations—not just now, but continuously in the future to ensure we are in the best position possible to support our BIPOC as well as our community.

I leave you with a quote by activist and Nobel Prize winner Wangari Maathai: "There are opportunities even in the most difficult moments." Despite the setbacks we may face, I feel confident in the advancement that we have seen across our chapters. Inspired about the opportunities we are taking to be better leaders and optimistic that this year of enlightenment will translate into consistent action. I absolutely cannot wait to be witness to the amazing work of our incoming and future Boards and I wish them much success.

Peace, Love & Tau Sig,  
**Jennifer Thomas-Haywood**  
National Board President 2019-2020



The foundation of our organization is built upon 3 key components:

**SISTERHOOD, PHILANTHROPY & SCHOLARSHIP.**



**Sisterhood** is the reason we've all been brought together, it is the underlying reason for how we've become so successful. Tau Sigma Phi is proud to foster a loving & positive environment for all members.



**Philanthropy**, specifically anything pertaining to **breast cancer research**, is the passion of Tau Sigma Phi. Our members participate in various campaigns & events that raise awareness and funds for a multitude of causes.



**Scholastic** achievement is of great importance to Tau Sigma Phi. Each member is required to maintain a specific GPA in order to be active, mentor other sisters, or hold positions.



It's amazing  
what we can  
accomplish,  
when we're in it  
together.

## SOME OF THIS YEAR'S NOTABLE HIGHLIGHTS ARE...



### CIBC Run For the Cure Awards:

Alpha: Post Secondary Team Challenge Award

Beta: Women's Team Challenge Award

Delta: Women's Team Challenge Award

**60** NEW  
MEMBERS

Throughout the past year, we are pleased to announce that we **initiated 60 new members** into the sisterhood of Tau Sigma Phi. Welcome home!

**TAU SIG  
TAKES  
ACTION**

With the help of Teagan Foord & chapter position holders, we successfully **implemented a Sexual Violence & Education Policy to all chapters**. The policy is to educate our members about sexual violence, prevent sexual violence, empower survivors, help confidants, and to promote and provide a safe space for all our members and survivors.



This past school year **49 sisters graduated and became alumni** of Tau Sigma Phi. Congratulations & good luck to you all!

**\$22 000**  
raised for charity

Between our three main fundraisers, Run for the Cure, Relay for Life, and Pretty in Pink, Tau Sigma Phi raised almost **\$22,000 for charity** during the 2019-2020 school session.

## \$100,000 Fundraising Milestone

And last, but not least, this year we passed the \$100,000.00 fundraising milestone for the **Canadian Cancer Society through Relay for Life**. Thank you to our members from all chapters, past and present for your hard work and for helping our organization surpass such an impressive and meaningful milestone. We have raised approximately \$102,869.43 to date.



# CONGRATULATIONS! THIS YEAR'S AWARD WINNERS ARE...



## Sapphire Scholarship Recipient: Christina Esposto

Initiated to Beta Chapter's Mu class in Fall of 2017, Christina has been a constant leader within her chapter. Upon being newly initiated she took on large roles and has been consistently engaged over the last 3 years as an active. She has held the positions of Sisterhood Chair and now holds the positions of Philanthropy chair and New Member Educator for the upcoming year. When Christina is not attending a TSP event, she can be found buried in the books or at her part-time job. She does an incredible job of balancing all of her commitments. She continuously supports her sisters and the Greek Community and we are thrilled to award her as the recipient of the Sapphire Scholarship for the 2019/2020 year. Congratulations Christina!



## Sigma Sisterhood Award:

*Awarded to the chapter that demonstrates and promotes sisterhood, including making an effort to attend events of other chapters, promoting sisterhood through their actions, and being positive role models of sisterhood – innovative sisterhood initiatives/strengthening bonds.*

This chapter continuously showcases what it means to be a true sister and the meaning of sisterhood within our organization. Gamma chapter sisters continue to create bonds not only amongst their own chapter but within other chapters as well. They continue to uphold our golden rules and we are thrilled to award them with this award for a second year in a row. Congratulations to our recipient **Gamma Chapter!**



## Dafoe Philanthropy Award:

*Awarded to one outstanding chapter a year who has not only surpassed other chapters in contributing to the fight against breast cancer but has also participated in numerous community service and volunteer activities throughout the year.*

Whether it's working with new charities or coming up with creative fundraising incentives, this chapter constantly strives to improve upon their philanthropy efforts. In addition to their incredible contributions towards Run For the Cure, Relay For Life, and Pretty Pink - they continue to support numerous local charities such as Be The Choice and Children's Hospital of Eastern Ontario (CHEO). This year they were the **Top Post-Secondary** fundraising team at Run For the Cure Ottawa and **Top Fundraising Team** for the CHEO bottle drive in Ottawa. Congratulations to our recipient **Alpha Chapter!**



## Pink Sapphire Chapter:

*Awarded to a chapter to recognize a chapter's achievements in all pillars of the sorority, excellent active participation, and strong alumni relations.*

Since its foundation, this chapter continues to be a strong leader to all chapters. This chapter continues to showcase the importance of sisterhood, during, and post-graduation. They continue to have strong alumni relationships and continue to engage with members (current and alum) in creative ways. This chapter continues to uphold each of our pillars.

We are so proud to give this award to this year's recipient; **Alpha Chapter.**



Even though the year is ending differently than we imagined, **we still have so many reasons to celebrate our accomplishments.**  
(109 reasons to be exact!)

## Our New Alumni:

### ALPHA:

Isabella Hall  
Alexy Cote  
Casey Crombie O'Sullivan  
Michelle Terveld  
Sissi De Flaviis  
Emma Scully  
Jessica May  
Liz Tuomi  
Tia Belisle  
Kamie Brookes  
Jessica Belmontes  
Nayla Ajami  
Neisa Long  
Ashley McNern  
Eliza Boyd  
Adelia D'Andrea  
Julia Prendergast  
Mali Mapani  
Sara Entwistle  
Grace Perkunder  
Cara Goodman  
Tori Lancaster  
Ariana Mahaney  
Kayla Lauzon Boucher

### BETA:

Nicole Asamoah  
Sara Chong  
Annie Liang  
JinMing Wang  
Winnie Dao  
Olivia Joseph  
Anna Armstrong  
Daisey Joy Morningstar  
Natalie Horvath

### DELTA:

Megan Dunscombe  
Anna Lang  
Teagan Foord  
Chelsea Dorrell  
Jessica Summerton  
Brittany O'Brien  
Brittany Wells  
Tracey Lewis  
Shelby Vella  
Hannah Martin

### GAMMA:

Molly Eastop  
Shaila Zulfikar  
Logan Gosse  
Jordyn Wilkinson

### EPSILON:

Rachel Yuen

## Our New Members:

### ALPHA:

Ramatu SA  
Zoe Glase  
Kirsten Josling  
Molly Trachuk  
Serena McEvoy-Stevenson  
Bailey Bloor  
Hannah O'Brien  
Samantha Jones  
Branka Trajkovic  
Cassie Bohm  
Maecy Nute  
Rachel Lee  
Ali Curry  
Calla Brown  
Taylor Rocco  
Samira Mehdi  
Rylee Denney  
Sarah Gage  
Katelyn Davidson  
Victoria Boisvert

### BETA:

Bernadette Antonio  
Caitlyn Grubb  
Amy McKeown  
Sara McKim  
Sarah Ord  
Helen Patriarche  
Alyssa PejkoVIC  
Jessica Polsoni  
Falisha Razack  
Cheyanne Thompson  
Luiza Vlasenko  
Oliva Gemus  
Areesa Lalani  
Brianna Skelly  
Tristan Smid  
Brianna Tedesco

### GAMMA:

Taylor Cook  
Alexa Dunkley  
Madeleine Friesen  
Victoria Gulizia  
Cameryn Lang  
Lesedi Ndoro  
Abby Datsi  
Maria Patoka  
Tonia Ndoping  
Ciara McGinty  
Thari Rodrigo  
Oneca Taylor

### DELTA:

Monika Brudzinski  
Jena Cameron  
Sharon Verliz  
Sarah Hammond  
Allie Pepper-Murray  
Sarah Oei  
Daley Good  
Antonia Morra  
Madison Bryan  
Jamie Saul  
Lily Ross

### EPSILON:

Katie Watson

**As Graduation looked a little different this year, our chapters have some messages to all of our New Graduates and Alumni...**



On behalf of the Alpha chapter of Tau Sigma Phi, we are so proud of all of our sisters who have gone alum this past year. Their dedication, compassion, and love towards their sisters never went unnoticed. They have touched the hearts of everyone they met and shaped our chapter into what it is today. Good luck with all future endeavors, you all are incredibly strong and powerful individuals who are going to shake this world. Congratulations! We love you!

**- Alpha Chapter**

Thank you to all of our amazing alumni for allowing us to be your sisters. You have impacted every single person in the Chapter with your energy and your love, and we are so grateful for you! You will always have a home in our Chapter and we cannot wait to see what the future has in store for you!

**- Beta Chapter**

Gamma chapter would like to congratulate this year's alumni for their incredible efforts put into the chapter(s). We want to thank you for leading the way and showing the true meaning of sisterhood. We wish you all the best moving forward and hope that your memories in Tau Sigma Phi last a lifetime.

**- Gamma Chapter**

Congratulation to all of the new Alumni. Even though your time as an active sister has come to an end, your impact and the memories you have made will last a lifetime. Thank you for all your hard work, dedication, and contributions you have made for Tau Sig. Delta chapter can not wait to see all the amazing accomplishments you will have in the future!

**- Delta Chapter**

We are wishing a huge congratulations to all the grads of 2020! A huge round of applause for everything you've accomplished throughout these university years. We can't wait to watch you all thrive as adults! Epsilon is sending lots of love!

**-Epsilon Chapter**





There is strength  
in **sisterhood.**

To learn more about Canada's  
phinest sisterhood, check us out at:



[www.tausigmaphi.ca](http://www.tausigmaphi.ca)



Instagram: @TauSigmaPhi



Facebook: Tau Sigma Phi National



On behalf of the 2019/2020 National Board...  
Thank you.

- President** - Jennifer Thomas-Haywood
- Vice President Internal** - Ceilidh Parsons
- Vice President External** - Allie Malizia-Raper
- Sisterhood Chair** - Xenia Hebert
- Treasurer** - Hilary Chase
- Public Relations Chair** - Victoria Brown
- Risk Management** - Jessica Firth
- Recruitment Chair** - Cassy Tabak

